


Donating cord blood pros and cons

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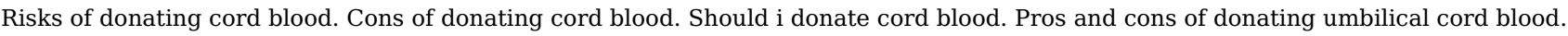

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- [Blood transfusions cannot be 100% safe, even with the strict screening rules. There are risks involved with all transfusions.
- [Some people have a fear of needles, and this prevents them from donating blood.
- [Blood donation can only be done 6 times a year per person, and this limits the amount of blood given per year.

Sofia, Nelson. January 2009. *The blood donation experience: self-reported motives and obstacles for donating blood*. Retrieved from <http://med.elsevier.com/locate/jbiom-2008-0467>. doi:10.1016/j.jbiom.2008.04.004.
<https://doi.org/10.1016/j.jbiom.2008.04.004>

Karnel, Hany. (March 2005). *Dilemmas and reactions to blood donation*. Retrieved from <http://web.chhnorth.com/blood/donors/>.
<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC1175076/pdf/20050720.pdf>

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